



You Can *Change* Your Brain

Improve your mental wellbeing, performance, & longevity with our augmented neuroplasticity programs



Measurable Results



Personalized Programs



Subconscious Change



A Letter from *Our Founder*.

Dear friend,

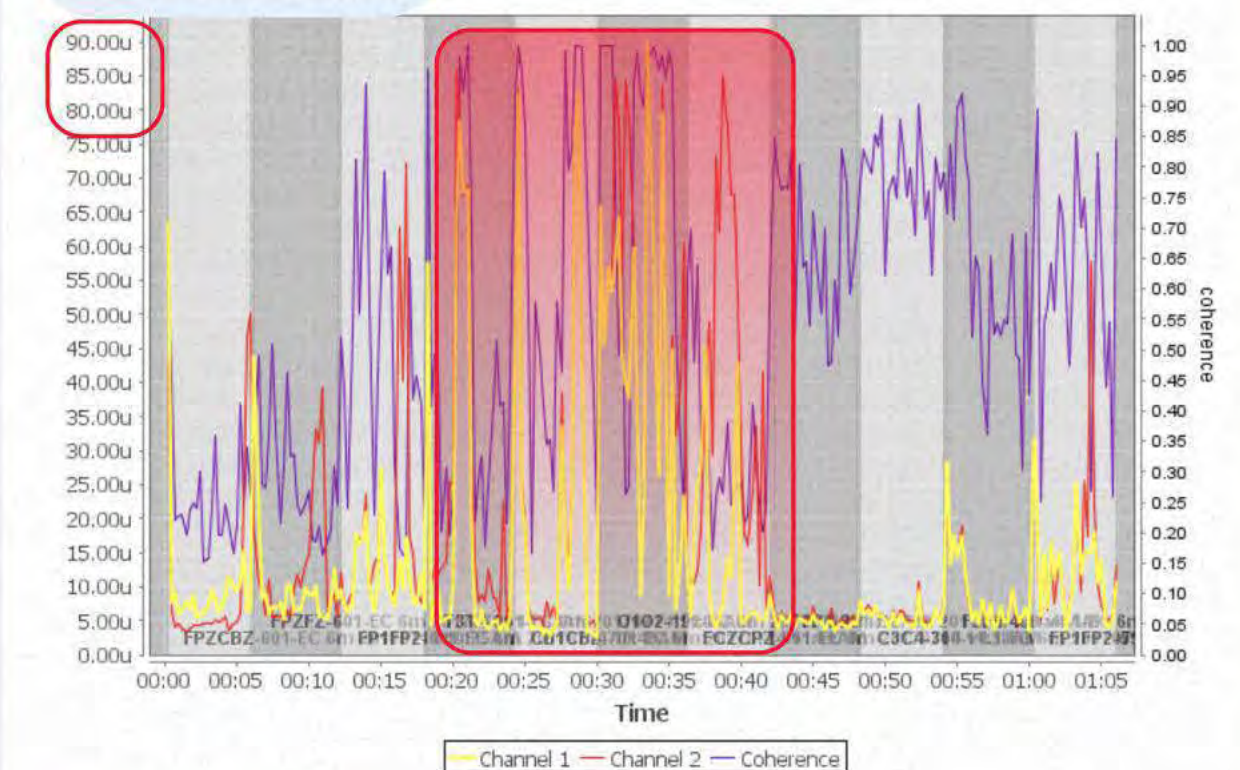
Supermind is a safe and loving space to support your growth, healing and transformation.

I first discovered the power of brainwave training when I had severe anxiety and couldn't find relief in all of the normal places. I looked for something different and found this. At the time, my brainwave map showed highly elevated delta brainwaves ("survival waves").

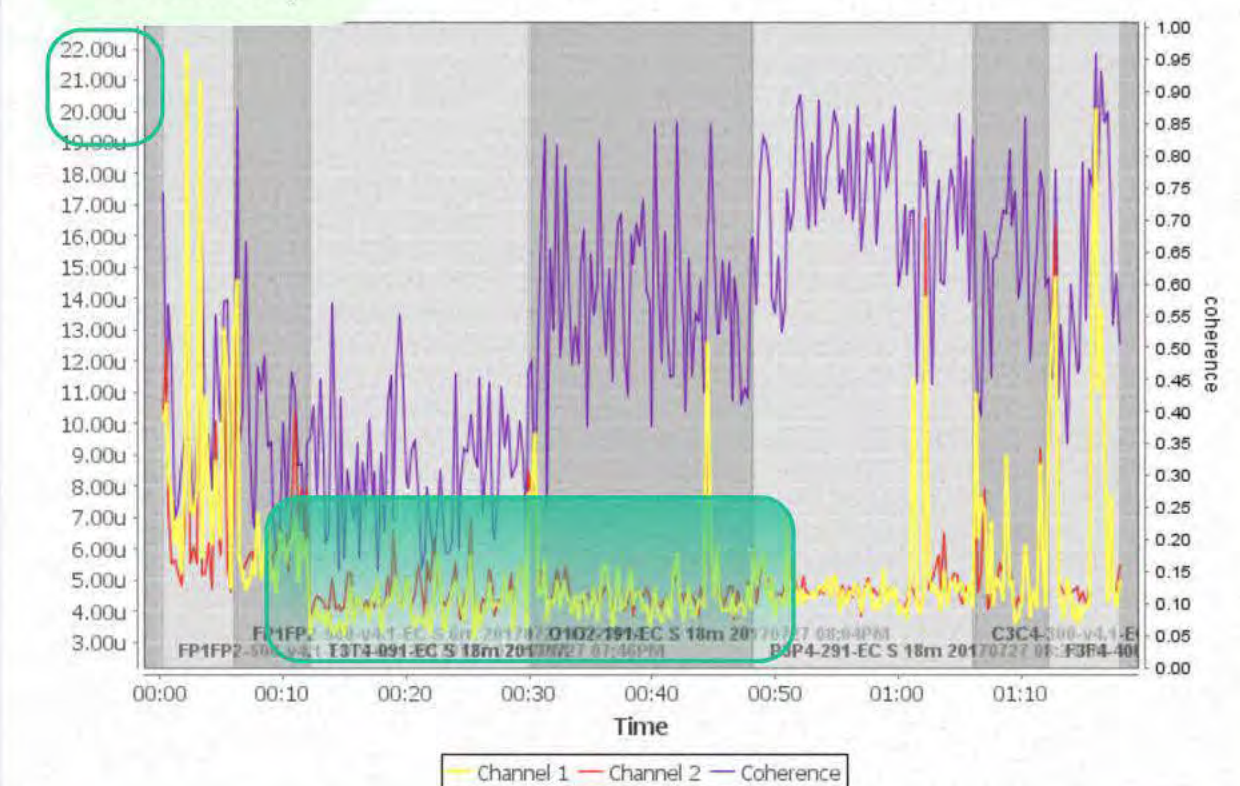
After completing the 10 day Supermind program, I reduced those brainwaves by 90% and felt simply extraordinary. That experience transformed my life and inspired me to share the power of brainwave-guided self-directed neuroplasticity with others.

Chad Olin

Severe Anxiety



No Anxiety



90% reduction in delta brainwaves after the 10 Day Supermind Program

Proven Results for *Mental Wellbeing & performance*

Approximately 90% of clients improve 50% on average

Mental Wellbeing

Depression

53% ↓

87% Improved

Anxiety

66% ↓

84% Improved

PTSD

51% ↓

73% Improved

Burnout

74% ↓

93% Improved

Stress

54% ↓

73% Improved

Performance

Energy

129% ↑

100% Improved

Focus

146% ↑

100% Improved

Sleep

250% ↑

86% Improved

Physical Health

123% ↓

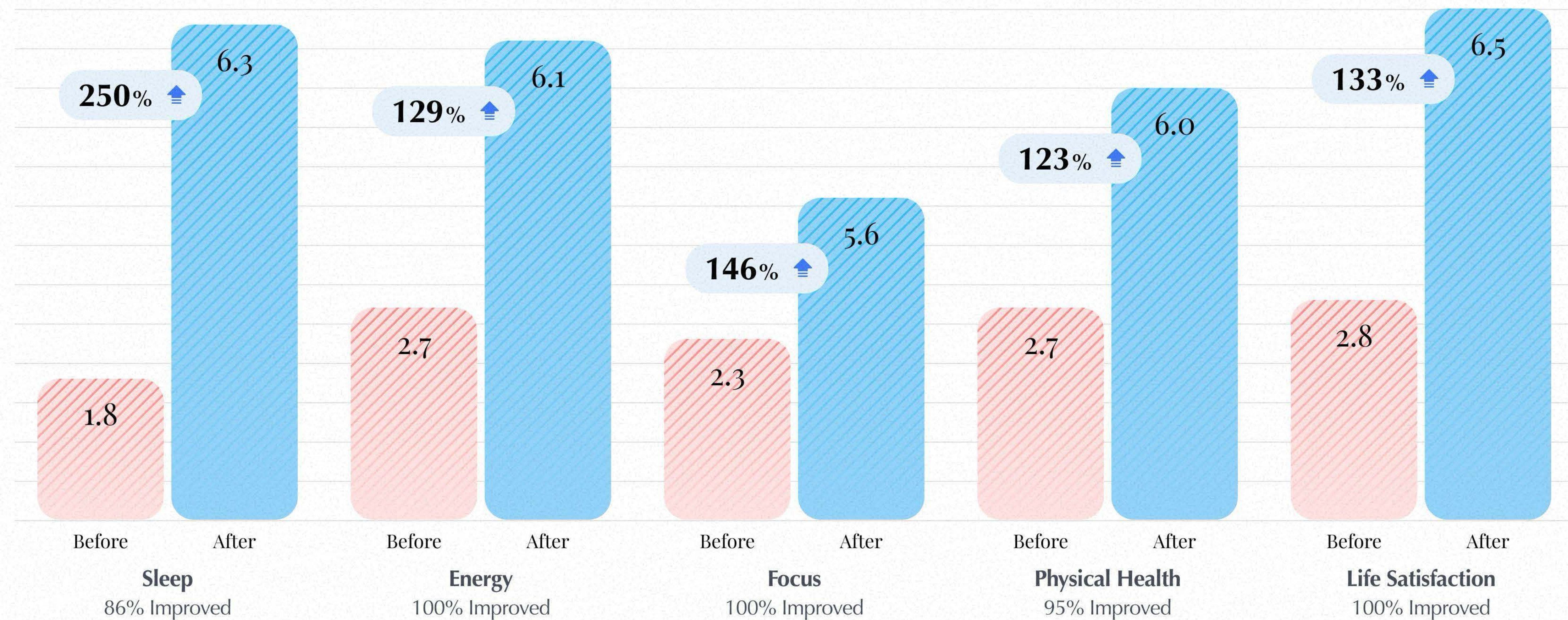
95% Improved

Life Satisfaction

133% ↑

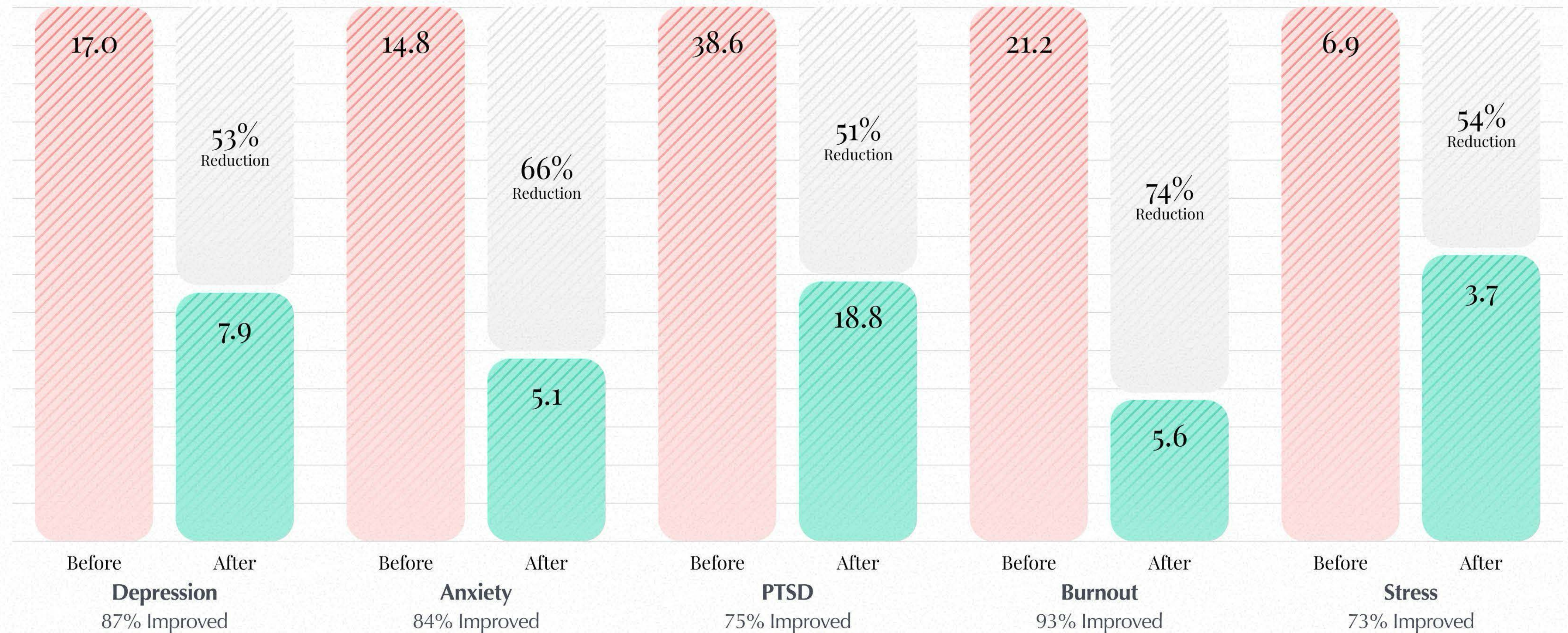
100% Improved

Performance Results



Note: Average results shown for those rating a 4 or less out of 10 on each metric

Mental Wellbeing Results



Note: Average results shown for those with meaningful improvement in moderate to severe issues

Client *Testimonials*

Supermind ★★★★★

"Saved my life and make it possible for me to live a happy one now and forever"



Michael Ruder

Business Owner, EO Member



Supermind ★★★★★

"I felt healing that I'd never felt before. I was filled with so much love and gratitude"



Hannah Olin

Design Lead at Capital One



Supermind ★★★★★

"It's infused every day with what I'm excited about and the things I love"



David Wilkinson

Entrepreneur, Harvard MBA, Ex-Bain



Supermind ★★★★★

"I love myself and the world more. I've been able to control my anger and anxiety"



Sara Portuondo

Director of Operations & Marketing



Supermind ★★★★★

"Such a quick turnaround in a matter of weeks for something that felt so big"



Katrina Velez

Ex-Software Engineer at Google



Supermind ★★★★★

"That fear, anguish and anxiety disappeared. I feel powerful, in control and peace"



Camila Mora

Language Interpreter



Supermind ★★★★★

"Really positive outcome. It helped me A LOT. I think it's going to transform my whole family"



Alan Pentz

Business Owner, YPO Member



Supermind ★★★★★

"Every executive that's in my position should be doing this. Massive changes"



Oz Garcia

Healthy Aging Expert, Speaker & Author



Supermind ★★★★★

"I just got way less distracted. I got to learn who I am much better. More focused."



Masha Prusso

Web3 Entrepreneur & Investor



Supermind ★★★★★

"Reads your brainwaves and reads your mind. Can't get any more accurate than that"



Jieun Lee

Founder of Life DeZine



Supermind ★★★★★

"I've been feeling much better since finishing. A lot of good tools and takeaways."



Maxine Marion

Account Executive



Supermind ★★★★★

"Less reactivity. Way quicker bounce back. Way more present. Way more patient."



Sachin Jhangiani

Entrepreneur, Ex-Banker



Supermind ★★★★★

"Tears were streaming, and I just felt so incredible afterwards. Highly recommend this"



Steve Kuo

Investor & Entrepreneur



Supermind ★★★★★

"The Supermind process has tremendous opportunity to really help people"



E. Robert Schwartz, M.D.

Director, Osher Center @ Univ. of Miami



Supermind ★★★★★

"It's given me a new lease on life. I have so much calm now. Get yourself here."



Kerry

Co-Founder & Chief Executive Officer



How the *Supermind Program* Works

The Supermind program starts with a brainwave map. We then create a personalized program based on your brainwaves and goals.

Each Program Consists of



Education

Tools & techniques that teach you how to rewire your brain

Program Resources



Coaching

1:1 coaching on how to apply the techniques in your life

1 Hour Session



Brainwave Training

Systematically train your brain one region at a time

2 Hour Session

How the *Brainwave Training* Works

Augmented Neuroplasticity



Mental Exercises

Strengthen your mind through repetition with personalized mantras, meditations, and affirmations



EEG Biofeedback

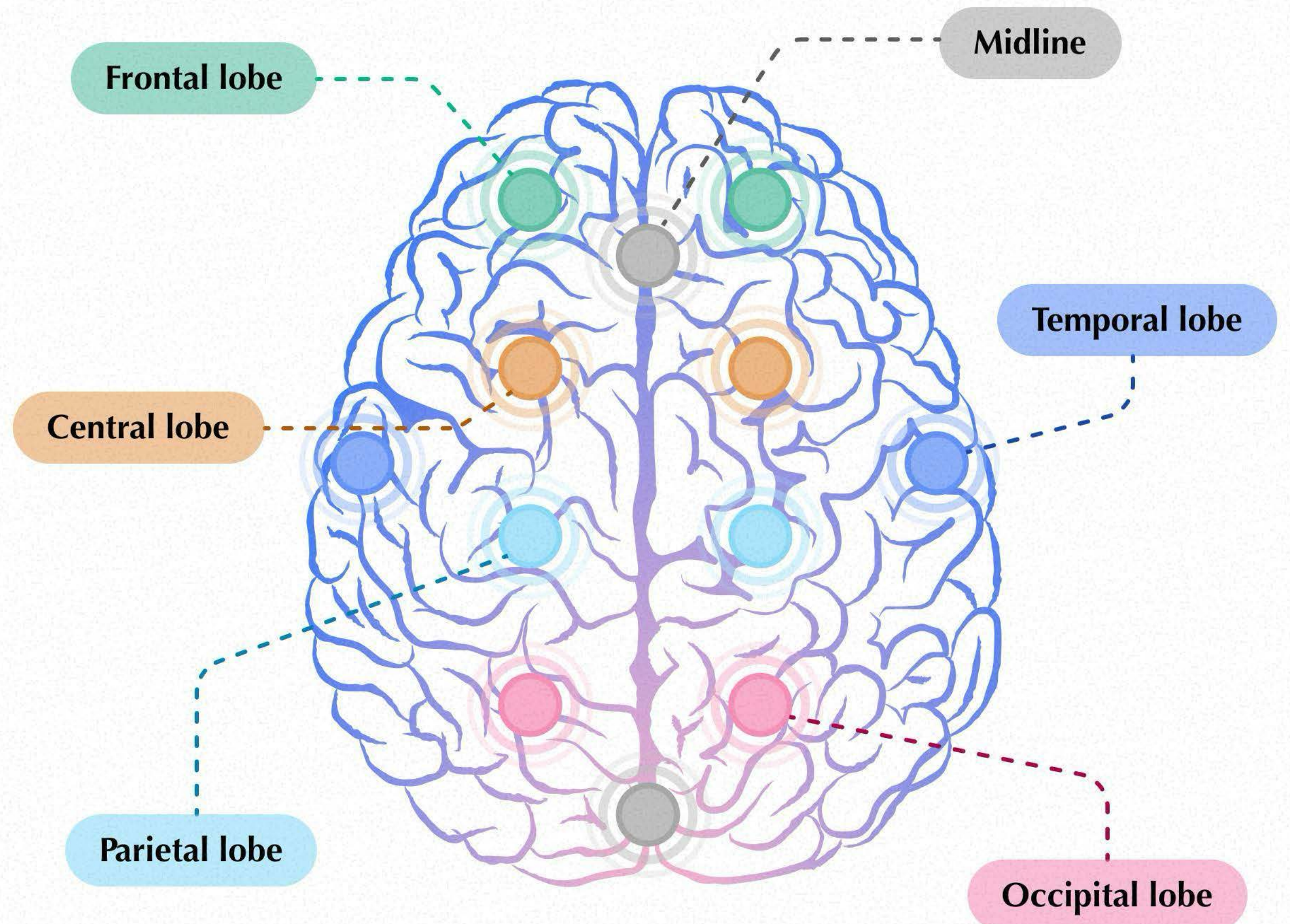
Soothing sounds adapt to your brainwaves, guiding them to optimal states aligned with the mental exercises



Brainwave Analytics

We identify subconscious mental barriers and provide targeted prompts to overcome them

Brain Regions Trained



Brainwave *Analytics*

Precision navigation, like GPS for your mind

Providing objective measurements of
your improvements, at every step

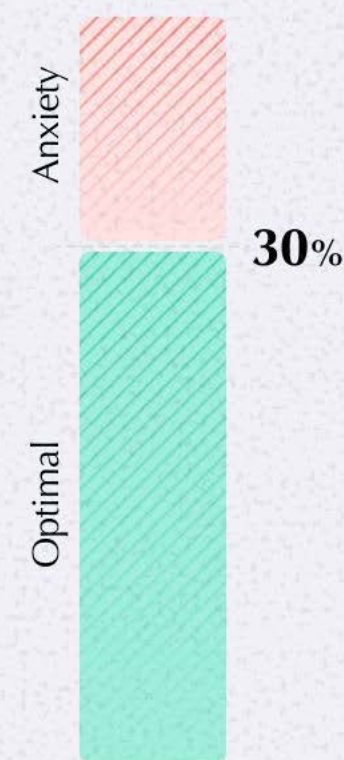
Benchmarking to Optimal

Survival Brainwaves

Delta

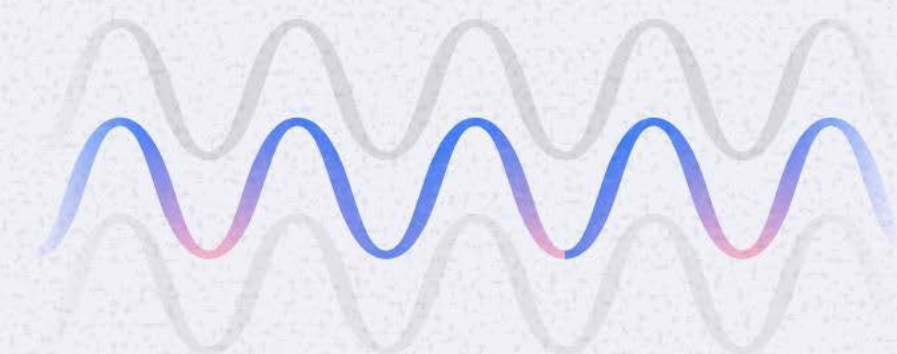


When delta waves are more than 30% of your brain's total, this can cause symptoms of anxiety



Happiness Brainwaves

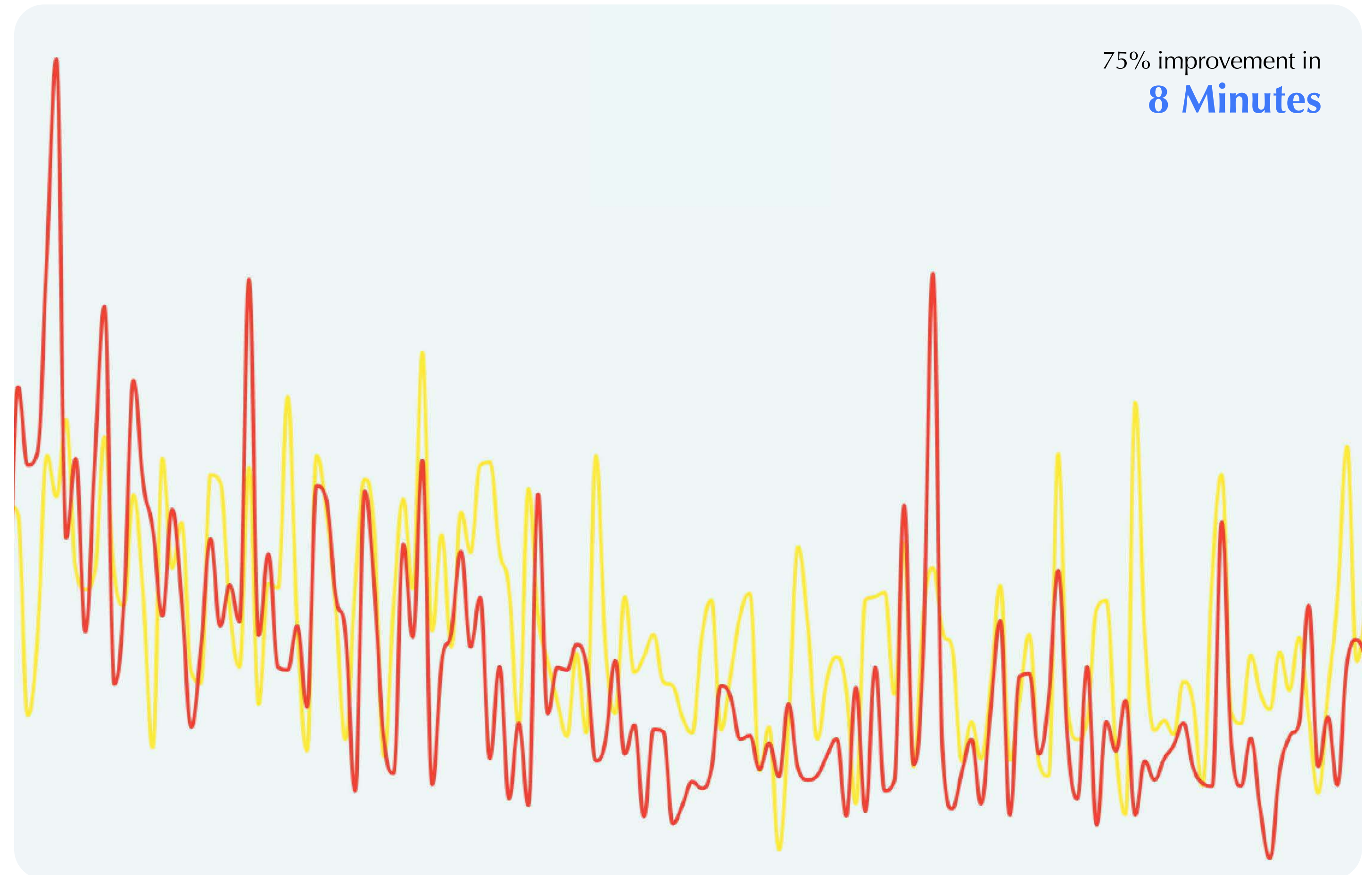
Alpha



When alpha waves are less than 7% of your brain's total, this can cause symptoms of depression

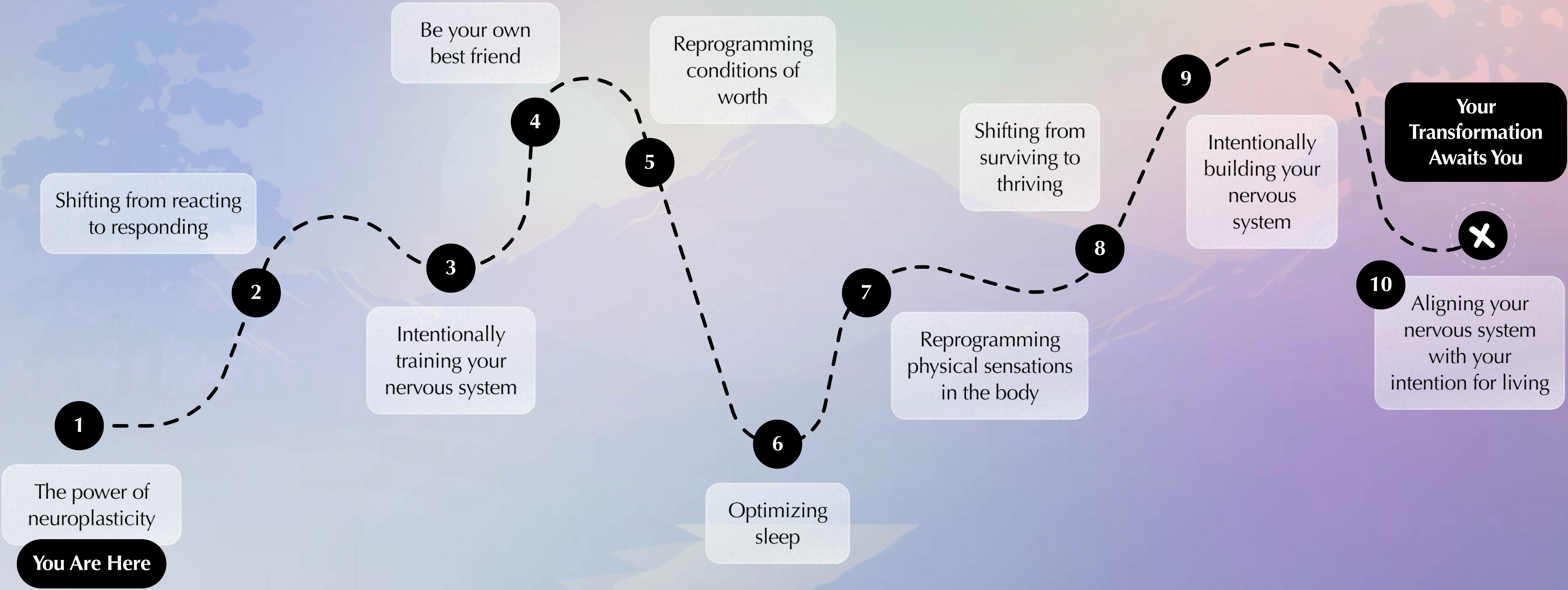


Real-Time Objective Measurements



Supermind Educational *Journey*

Awaken The Supermind Within You



Our *Programs*

All programs are personalized based on your brainwave data.

Core transformation is the same.

Concierge offers exclusive founder access, priority logistics and ecosystem collaboration



30 Reviews

5.0 Rating

Elite

Concierge



Investment

\$20,000

**33 Hours of
Total Service**

World-class brainwave healing and optimization

Our bespoke service for those who want the best. Personally customized by the inventor with exclusive founder access. Priority scheduling, progress tracking and white-glove care ensure elite results for high performers and families.

- ✓ 2 Brainwave Maps
- ✓ 10 Coaching Sessions
- ✓ 10 Brainwave Sessions
- ✓ Exclusive Founder Access
- ✓ Concierge Priority
- ✓ Ecosystem Coordination

Most Popular

Supermind



Investment

\$12,000

**33 Hours of
Total Service**

Our flagship program, widely acclaimed

Proven brainwave training and optimization guided by certified coaches using our proprietary method. Designed for lasting transformation, with powerful outcomes across mental wellbeing and performance. Accessible, effective and impactful.

- ✓ 2 Brainwave Maps
- ✓ 10 Coaching Sessions
- ✓ 10 Brainwave Sessions
- ✓ Brainwave Personalization
- ✓ Brainwave Analytics
- ✓ Supermind Resources

Supermind Program *Inclusions*

33 Hours of Total Service, Plus Resources

Sessions

- ✓ 2 Brainwave Maps
- ✓ 10 Coaching Sessions (1 Hour Each)
- ✓ 10 Brainwave Training Sessions (2 Hours Each)

Personalization

- ✓ Custom Program Based On Your Brainwaves And Goals
- ✓ Customized Brainwave Sessions
- ✓ Customized Mental Exercises
- ✓ Brainwave Analytics In Every Session

Resources

- ✓ Supermind E-Course (10 Videos)
- ✓ Supermind Workbook (223 Pages)
- ✓ 111 Mindfulness Exercises
- ✓ 30 Day Sleep Journal
- ✓ 25 Mental Fitness Exercises
- ✓ 30 Day Morning Routine Journal

Sustainability of *Results*

Supermind is a foundational shift in how you experience and relate to yourself



Magnificent New Normal

The majority of clients have a transformative breakthrough, creating a new baseline experience of life, backed by measurable results on surveys and brainwave changes. It is common to resolve core issues in achieving this baseline.



Experiential Knowledge

Through a lived personal experience of changing your brainwaves, you create a new internal safety net, knowing that this possibility is always available to you, and indeed you are never “stuck with your brain”.



Education, Tools and Techniques

Clients gain a diverse toolkit from our educational curriculum—resources that stay with you for life and empower self-directed change after the program ends.



Self Awareness

The program significantly deepens your awareness of thoughts, patterns, and emotions—valuable insights for navigating life.



Future Sessions

Supermind remains a resource for life. Clients can return for tune-ups, deepen their work with advanced programs, or address new challenges after resolving core issues.



Disciplined Path Forward

With expanded mental capacity often comes the temptation to take on more. We encourage clients to be aware of this and avoid overloading themselves with additional responsibilities, which could reactivate stress patterns.



Ongoing Sustainability Practices

The brain is continuously evolving in response to our thoughts and experiences, so applying your tools regularly is key. While some regression may occur without ongoing practice, clients generally retain their new baseline and can also build on it through maintaining a consistent mental fitness routine.

Scheduling *Guidelines*

Complete the program within 10 days or 10 weeks

- ✓ Book 10 Coaching Sessions (1 Hour Appointment)
- ✓ Book 10 Brainwave Training Sessions (2 Hour Appointment)
- ✓ Book 2nd Brainwave Mind Map (1 Hour Appointment)

Coaching and brainwave sessions can be done back-to-back or within 1-2 days, at your convenience

Brainwave Training Appointment Times

Monday -Friday

9:00 AM - 11:00 AM 11:00 AM - 1:00 PM 2:00 PM - 4:00 PM 4:00 PM - 6:00 PM
6:00 PM - 8:00 PM 8:00 PM - 10:00 PM

Saturday

10:00 AM - 12:00 PM 12:00 PM - 2:00 PM 4:00 PM - 6:00 PM 6:00 PM - 8:00 PM

Hours of Operation

Monday -Friday **9AM - 10PM**

Saturday **10AM - 8PM**

Sunday **a la carte rates**

Note: Sundays can be booked for a 25% service charge on the a la carte rates



**1951 NW 7th Avenue Suite 600
Miami, FL 33136**

Our *Gift* To You

Free Playlist Of Relaxing Music



Free Supermind Playlist

Relax and unwind with this curated playlist, our gift to you. Designed to help you let go of stress and find tranquility, these tracks are perfect for creating a peaceful atmosphere and guiding you into a state of deep calm.



For questions, please contact
chad.olin@supermind.us

www.supermind.us

Disclaimer

Supermind is not a medical procedure. Supermind does not diagnose, cure or treat medical conditions. If you are seeking medical treatment, we recommend that you consult a medical professional.